



# The Olweus Bullying Prevention Program IS...

Designed for ALL students

Preventive AND responsive

Focused on changing norms and  
restructuring the school setting

Research-based

NOT time-limited: Requires systematic  
efforts over time



# Olweus Definition of Bullying:

" Bullying is when someone repeatedly and on purpose says or does mean or hurtful things to another person who has a hard time defending himself or herself."

# Three Key Components of Bullying Behavior

1. Involves an aggressive behavior
2. Involves a pattern of behavior repeated over time
3. Imbalance of power or strength

# Effects of Being Bullied

Lower self-esteem

# OBPP Principles imply...

1. Adults are responsible
2. Clear & consistent message
3. Short & long-term focus
4. Follow model with fidelity
5. OBPP is part of everyday life at school

# OBPP Principles imply:

6. Student involvement in changing climate
7. Student learning about bullying
8. OBPP is NOT peer mediation or conflict resolution
9. OBPP is not a classroom management technique





SP

(TG Doc #8)

# about bullying

We will not bully others.

We will try to help students who are bullied.

We will try to include students who are left out.

If we know that somebody is being bullied, we will tell an adult at school and an adult at home.

# Remember.....

Stopping bullying takes a team effort.

You play a critical position on the team.

Change happens in small increments but can have positive long-term impact for us all!

